



WELCOME TO THE CATHOLIC PARISHES OF

ST. DOMINIC

FREDERIC

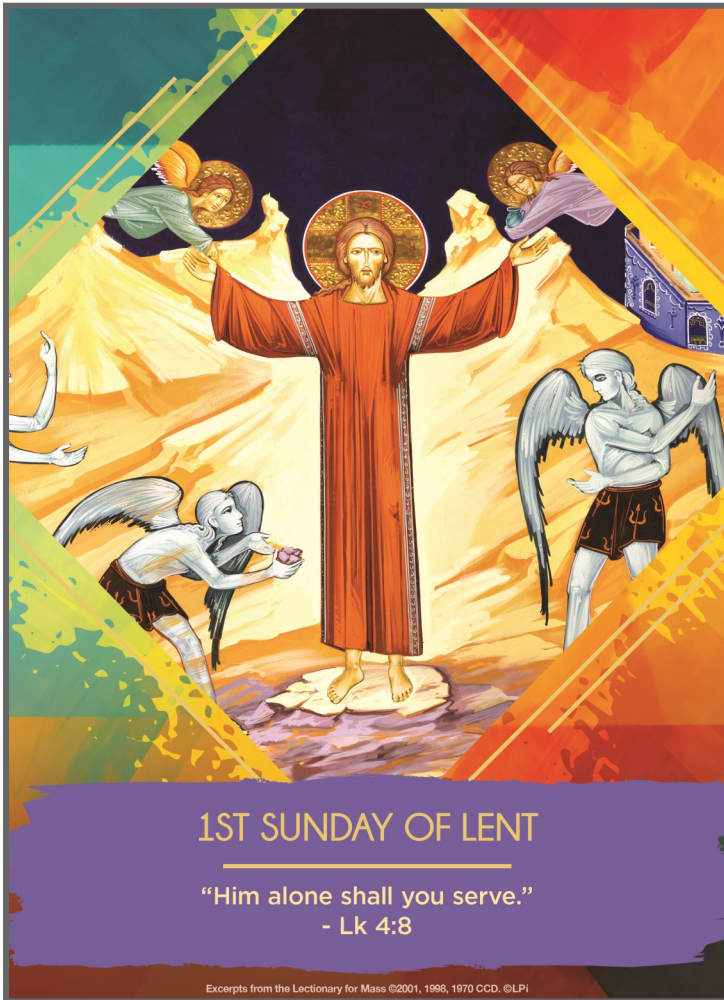


IMMACULATE CONCEPTION

GRANTSBURG

1st Sunday of Lent

March 8th & 9th, 2025



A man who governs his passions is master of the world. We must either command them, or be enslaved by them. It is better to be a hammer than an anvil. -St. Dominic

Administrator: Deacon Stan Marczak
Sacramental Minister: Fr. Thomas Sagili
Administrative Assistant: Sue Wallin
Office Assistant: Mike Strub
Religious Education: Julie Antonich & Tera Bowman

Fr. Tom can be reached at 715-419-3697.

Weekly Mass Times

St. Dominic:		Immaculate Conception:	
Saturday	4:30 PM	Sunday	8:30 AM
Sunday	10:30 AM	Thursday	9:00 AM
Tues & Wed	10:30 AM	Friday	5:30 PM

Parish Contacts

St. Dominic

Parish Council

Sue Wallin - Chairperson
Elisabeth Franzen - Recorder
Judy Marek Jeff Carley
Patty Carlin Kris Opitz
Mark Ronningen

Finance Council

Glenn Meier - Chairperson
Julie Antonich Ray Draxler
JoAnn Hasse John Klatt

Immaculate Conception

Parish Council

Ken Kutz - Chairperson
Kim Feit
Shari Harter
Mike Strub
Shannon Webster

Finance Council

Joan Lauer - Chairperson
Mike Cole Carl Lindgren
Jim Wagner Brian Webster

Safe Haven Sunday

A Prayer for Individuals and Families

Loving Father,

Thank you for the gift of marriage and family life. We entrust to you our home, where our marriage and family lives and grows. We ask you to make it a safe haven for all who live and enter these walls. May our home truly be a holy place for both young and old to be formed in the truth regarding life, love, sex, and marriage. May each of our members be protected from and guided in seeking to avoid impure ideas, while embracing the freedom and purity of life in Christ.

If there are past wounds that have occurred due to the availability of suggestive materials on our family's devices, lack of awareness of parents, or because of indifference, we ask you to send forth your Spirit to heal, bless, renew, and consecrate this home as a safe haven with your son Jesus Christ at the center of our lives, today, tomorrow, and always.

We ask this through the intercession of the Holy Family of Nazareth, Saints Joachim and Anne, the Sacred Heart of Jesus, and the Immaculate Heart of Mary. Amen.

Parish Office: P.O. Box 606, Frederic, WI 54837

Phone: 715-327-8119

Office Hours: Monday - Thursday 9:00 AM - 3:00 PM

Immaculate Conception: 715-463-5561

Email: stodomfrederic@lakeland.ws

Website: sd-ic.org

Facebook - Catholic Parishes of St. Dominic & Immaculate Conception

~~~ **Encouraging a Deeper Understanding of the Gospel** ~~~

One of the most fascinating moments in American history is when George Washington could have become the king of the newly liberated United States and didn't. At the height of his power and fame, on Dec. 23, 1783, he resigned his commission as Commander-in-Chief, and went home. The astonished King of England remarked that in doing so, Washington was "the greatest man in the world." Greatness is often defined by what we could do but don't. Greatness is measured by the temptations we overcome.

Jesus' greatness is revealed in his victory over temptations, too. The three offered him by the devil contain, we might say, all potential possible temptations: food, power and fame. They correspond to the triple human needs of body, soul and spirit. In overcoming these three, he says "no" in essence to every and even the greatest temptation. We see

that every desire of his humanity — body, soul and spirit — is perfectly united to God, to love. This is a power available to each member of his body. It is the path to true greatness. How can we, who so easily fall into even small temptations, find the power to overcome large ones? By entering into the great dynamics of Jesus' temptations.

Lenten challenge: This first week of Lent, list some concrete ways you can overcome temptations that correspond with your desires. For example, you may give up snacks between meals, choose not to participate in an activity of which you are an expert, and decide to reduce social media posting by 50%. It may not seem like much, but by saying "no" to the tyranny of food, power, and fame (in this example), you'll discover true greatness. — Father John Muir ©LPi

DISCOVER  
**TRUE**  
GREATNESS



### Mark your Calendar!

#### Parish Cluster Lenten Retreat

WHEN: Saturday, March 22, 2024 12:30 - 4:15 pm  
Mass at 4:30 pm @ SD

WHERE: St. Dominic Catholic Church

WHAT: Parish Cluster Lenten Retreat

WHO: All Parishioners, friends and visitors

PRESENTER: Fr. Tom Sagili

TOPIC: Understanding Suffering and Accepting Life's Challenges

Please sign-up on the sheets in the back of church.

### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Jesus is desperately hungry when the devil tells him to turn stone into bread. But his divine will is stronger than the weakness of his human body, and he resists the devil. In this season of fasting and self-denial, let's remember Jesus' strength. ©LPi

### Chrism Mass

If you are interested in attending the Chrism Mass in Superior on Tuesday, April 8 please call the parish office by *Wednesday, March 19* so we can make our reservations with the diocese.



### Bible Study Opportunity

The Council of Catholic Men at St. Dominic are offering Catechism and Bible Study on Wednesday evenings at 5:00 pm in the Education Center. All are welcome to attend and learn more about our faith.

### Safe Haven Sunday:

#### Equipping the Family: Having Critical Conversations

The most powerful tool we have when it comes to teaching our children about the beauty of their sexuality in the digital age is conversation. Real, honest, "look them in the eyes" conversations about their deep questions. In the digital age, passive parenting is not an option—the internet never rests.

The Diocese of Superior is setting aside this weekend, March 8-9 to celebrate our second annual Safe Haven Sunday in order to provide free resources to assist you with confidently talking to your children about internet dangers, as well as their online and offline choices.

Safe Haven Sunday is celebrated through prayer and reflection within the context of the Mass. Covenant Eyes' book, *Confident: Helping Parents Navigate Online Exposure* will be available after Mass. This book includes a free seven-day text-to-opt-in program that provides practical tips for caring adults to create safer digital environments for themselves and young people.

Thank you for celebrating with us! If you have any questions about this awareness weekend, please contact the parish office or visit the diocese website.

### Special Collection

This week we had a second collection for the *Black and Indian Missions*. If you forgot your envelope and would still like to contribute to this cause, please use the envelope found in your box of envelopes and drop it in the regular collection by April 6. Thank you for your generosity.



**SD Fellowship: March 16**

St. Jude - Maria Taylor

**IC Fellowship: Sunday, March 16**

BINGO for all parishioners after Mass

**What Can You Do This Lent?**

1. Plan to attend daily Mass - Tuesday and Wednesday @ 10:30 am at SD & Thursday @ 9 am & Friday @ 5:30 pm at IC
2. Spend quiet time with Jesus at Adoration each week.
3. Attend Stations of the Cross - at SD Wednesday @ 6:00 pm; at IC Wednesday @ 4:30 pm and Friday @ 6 pm
4. Read *The Three Ordinary Voices of God* or *33 Days to Eucharistic Glory*
5. Log into FORMED and check out - *How to Lent* or *Foretold* or *Restore* or *Forgiven: The Transforming Power of Confession*.

Go to [formed.org/signup](http://formed.org/signup); select *I am a member*; enter zip code 54837; select *St. Dominic* from the dropdown menu; register your name and email address; check that email account inbox for a link to begin using FORMED.

**CATHOLIC QUESTIONS & ANSWERS?**

**Question:** After attending our parish retreat and feeling much better and stronger about my faith, I want to make this Lent worthwhile. What can I do to keep the spirit and practice of Lent?

**Answer:** You've already taken the first step by going on the parish retreat. It is important for us to "tune up" our faith, taking some time to renew ourselves through prayer, meditation and education. By deepening our knowledge and understanding of faith, we are often better attuned to its richness and meaning for our life.

Lent is an intense retreat, a forty-day period of reflection and penance that prepares us to celebrate the passion, death and resurrection of Christ. Our communication with God and our awareness of him is the purpose of prayer. Setting aside extra time each day helps intensify the season. Prayer includes daily Mass, Stations of the Cross, communal penance services and private confession. Making restitution for sin as well as disciplining our hearts and minds to focus on God is the purpose of penance. It helps us restore a sense of balance to our souls, thrown off kilter by sin. Penance includes personal sacrifice, self-denial, fasting, almsgiving and charitable works.

Finally, spiritual practices help us sharpen our understanding and insight into the meaning and understanding of our faith. When you take your faith seriously, you do what is necessary to follow Jesus more closely, to integrate your life and your faith more carefully. ©LPI

**Upcoming Events**

**Monday, March 10**

IC CCW Meeting @ 11:00 am at T-Dawgs

**Tuesday, March 11**

SD CCW Meeting @ 11:00 am

**Wednesday, March 12**

Rosary 9:30 am @ CCC

IC Bible Study @ 12:30 pm

SD Bible Study @ 5:00 pm in Education Center

**Thursday, March 13**

Funeral for Helen Weinzierl at SD @ 11:00 am

**CATHOLIC TRIVIA**

**Question:** What is the name of the first book of the New Testament?

**Answer:** Matthew

**EVERYDAY STEWARDSHIP  
RECOGNIZE GOD IN YOUR ORDINARY MOMENT**

**No More Excuses**

It will take too long. I can't spare it. I don't know anybody. I am just too busy.

How many excuses can you think of to put forth as reasons why you should say no to the call of Jesus Christ? Wait. You didn't know to whom those responses were directed? We say no to many things and many people, but we wouldn't say no to Jesus. Really?

During this Lenten season, like all the other seasons, we will be asked to respond in many different ways. There will be fasting, almsgiving, and abstinence from certain foods. There will be invitations to various devotions and formational studies. We will be asked to reflect on our faith and then dive deeper.

The argument will be made by some that many of these things are being asked of us by others and not Jesus. Of course, that will just be another excuse like those above. For every calling upon us comes with a temptation to take the easy way out or to minimize the value of the request.

We will stay caught up in an endless cycle of excuses that lead us nowhere. That is unless we simply choose to stop the madness and say YES! This Lent, give up and give in. Let God take over as you surrender all you are and have to Him. Now is the time to turn to Jesus. No more excuses.

—Tracy Earl Welliver, MTS

**FAITH FORMATION SCHEDULE**

|         | SD    | IC                      |
|---------|-------|-------------------------|
| Mar. 12 | CLASS | CLASS                   |
| Mar. 19 | CLASS | NO CLASS - Spring Break |
| Mar. 26 | CLASS | CLASS                   |



# MASSES AND INTENTIONS

## Saturday, March 8

SD 4:00 pm Confessions

SD 4:30 pm Gerry Vogel by The Vogel Family

*\*Anointing of the Sick following Mass*

## Sunday, March 9 1st Sunday of Lent

IC 7:45-8:10 Confessions

IC 8:30 am People of the Parish

SD 10:30 am Patricia Murphy by Patricia Graves

*\*Anointing of the Sick following both Masses*

## Tuesday, March 11

SD 10:30 am Norm Killian by Tony & Ethel Deiss

## Wednesday, March 12

IC 7-10 am Adoration

SD 10:30 am Lyman Olson by Margaret King

SD 11-12 pm Adoration

## Thursday, March 13

IC 9:00 am Scott Christofferson by Paul & Kit Lammert

## Friday, March 14

IC 4:30 pm Intentions of those present at Mass

*Continuing Care Center - All are Welcome!*

IC 5:30 pm Earl & Ally Strub by Mike Strub

## Saturday, March 15

SD 4:00 pm Confessions

SD 4:30 pm Tim Froehlich by Ann Froehlich

## Sunday, March 16 2nd Sunday of Lent

IC 7:45-8:10 Confessions

IC 8:30 am Mary Seidl by Snookie Meier

SD 10:30 am Victor Axelson by Larry & Nancy Axelson



### Parish Services

#### Home Bound

Please contact the office to be placed on the communion list or if you would like a ride to Mass on the weekend.

#### Baptism and Matrimony

Please call the office to get all the information you need for your upcoming sacrament.

#### Anointing of the Sick

Available by appointment, please contact the office.

#### Prayer Chain

If you need a prayer said for you or your loved ones, please contact the office to begin the prayer chain.

#### Rosary

The Rosary is recited one half hour before weekend Masses.

| STEWARDSHIP 3/2/2025    | SD             | IC             |
|-------------------------|----------------|----------------|
| Envelope Collection     | \$1,870.00     | \$1,885.00     |
| Loose Collection        | \$824.00       | \$405.00       |
| Children's Collection   | \$40.00        | \$7.05         |
| Candles/Food Shelf      | \$62.50        | \$50.00        |
| Outstanding CSA Pledges | <b>\$1,100</b> | <b>\$1,130</b> |

### LITURGICAL MINISTERS AND SERVERS

#### Saturday, March 15

##### St. Dominic - 4:30 pm

Ushers: Bill Schommer, Don Supinski

Greeters: N - Sue Wallin

S - Carol Schommer

Lector: Sara Ronningen

Sacristan: Maria Taylor

Communion: Sue Wallin

Server: Steve Swies

#### Sunday, March 16

##### Immaculate Conception - 8:30 am

Homebound: Shari Harter

Lector: Pete Lauer

Communion: Shari Harter

Sacristan: Shari Harter

Ushers: Mike Cole, Bill Schoettle

##### St. Dominic - 10:30 am

Homebound: Colleen (S), Colleen (L), John (F)

Ushers: Joe Draxler & John Scheidt

Greeters: N - Myrna Deutsch

S - Jeanette Laqua

Lector: Ken Deutsch

Sacristan: Dave Malinovsky

Communion: Myrna Deutsch

Server: Patrick Chenal



### New Parishioners

#### *Welcome!*

If you would like to become a member of our Parishes, please fill out the following form. Then mail it, drop it off at the parish office, or put it in the collection basket.

St. Dominic

Immaculate Conception

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_